



# FORMULATION SHEET

CLEANSING BALM WITH LAVENDER & ROSE

BATCH :

DATE :

Phase	Ingredients	Category	100%	25 gm
A	Shea butter	Foundation	34	8.5
A	Cocoa Butter	Foundation	12.5	3.125
A	Beeswax	Functional	7	1.75
A	Lecithin	Functional-emulsifier	1	.25
A	Coconut oil macerate with rose	Foundation	20	5
A	Sunflower oil macerate with calendula & lavender	Foundation	9	2.25
B	Grapeseed oil	Foundation	10	2.5
B	Vitamin E	Anti oxidant	.5	.125
B	Rose aroma	Aromaceutical	1	.25
B	Kaolin clay	Botanical	2	.5
B	Rose powder	Botanical	3	.75

## MANUFACTURE METHOD :

1. Prepare each phase in separate beakers. Phase A should be in a heatproof metal or glass bowl. The rest in a glass beaker. Powders can be slowly added to oil with a sieve. This will help powders dissolve more easily and give you a smooth blend.
2. Put phase A on water bath, never on direct heat not to burn the ingredients. Stir gently as they melt completely.
3. Once melted, take off heat, keep stirring till mixture is cooled under 40°. You can place the bowl over a larger bowl with ice water in it to help cool down faster.
4. Add phase B, these are heat sensitive ingredients. Keep stirring until mixture thickens slightly and a trace forms, this can take 5-10 minutes, sometimes longer. Trace is when you make a line in the balm and it holds. Then pour quickly into your containers before the balm hardens completely.
7. Put your balm, without the lid of the container on it, for 1-2 hours in the fridge or in room temperature if it is not very hot in your place. Then cover it and let set overnight. In 24 hours you will have the final texture of your balm. Don't forget to label your jar!!